



# EAGLE PATHWAY

OAK BROOK'S ART INTEGRATED  
SENSORY HALLWAY



# HOW TO USE THE EAGLE PATHWAY

## EMPOWERING STUDENTS THROUGH SENSORY REGULATION





# **WHAT IS A SENSORY HALLWAY?**

## **PURPOSE OF A SENSORY HALLWAY:**

**-SELF-REGULATION: HELPS CHILDREN MANAGE THEIR ENERGY LEVELS AND EMOTIONS BY PROVIDING STRUCTURED SENSORY INPUT.**

**-MOTOR SKILLS DEVELOPMENT: ENCOURAGES GROSS MOTOR ACTIVITIES THAT SUPPORT COORDINATION AND BALANCE.**



# **WHAT IS A SENSORY HALLWAY?**

## **PURPOSE OF A SENSORY HALLWAY:**

**-FOCUS AND ATTENTION: PROVIDES A MOVEMENT BREAK TO HELP STUDENTS RETURN TO LEARNING WITH IMPROVED CONCENTRATION.**

**-SENSORY INTEGRATION: SUPPORTS CHILDREN WITH SENSORY PROCESSING DIFFERENCES BY OFFERING CALMING OR ALERTING SENSORY INPUT IN A CONTROLLED WAY.**



# GENERAL GUIDELINES

**-STUDENTS SHOULD ALWAYS BE MONITORED IN THE EAGLE PATHWAY.**

**-ALL EXPERIENCES ARE INTENTIONAL AND NOT DESIGNED FOR FREE PLAY OR INDOOR RECESS.**

**-TEACH STUDENTS HOW TO USE THE SPACE RESPONSIBLY.**

**-THE REGULATION STATION IS FOR ALL STUDENTS IF THEY ARE SHOWN HOW TO USE IT RESPONSIBLY.**



# GENERAL GUIDELINES

**-DO NOT REMOVE ANY ITEMS FROM THE EAGLE PATHWAY WITHOUT PERMISSION**

**-BE MINDFUL OF ANY REPAIRS NEEDED AND TELL THE COUNSELORS IMMEDIATELY IF  
ANYTHING IS BROKEN OR MISSING**

**-IF A STUDENT IS DISPLAYING RED ZONE BEHAVIORS, THE EAGLE  
HALLWAY IS NOT AN APPROPRIATE SPACE TO COOL DOWN. INSTEAD USE IT AS A  
TEACHING TOOL AFTER RED ZONE BEHAVIOR HAS STOPPED**



# GALLERY WALK

**STAND BACK AND LOOK AT THE  
PAINTINGS:**

- WHAT DO YOU SEE?**
- WHAT DO YOU THINK?**
- WHAT DO YOU WONDER?**
- WHAT DOES THE PERSON  
FEEL IN THE PAINTING?**





# GALLERY WALK

## GALLERY GOERS:

- LOOK IN THE MIRRORS AND MAKE THE SAME FACE AS THE PAINTING.**
- WHICH FACE MATCHES HOW YOU ARE FEELING RIGHT NOW?**
- WHAT ZONE ARE YOU IN?**

## GALLERY GOERS:

- DON'T TOUCH THE ART.**
- KEEP THEIR HANDS TO THEMSELVES.**
- WALK FROM PLACE TO PLACE.**
- HAVE A POSITIVE MINDSET OPEN TO LEARNING.**





# XYLOPHONE (SLAP-A-PHONE)

## AUDITORY

- USE THE FLY SWATTER AS YOUR Mallet.
- PLAY A SHORT TUNE OR FREE PLAY.
- USE RHYTHM TO HELP REGULATE BREATHING OR EMOTIONS.
- CAN BE USED AS A CREATIVE OUTLET OR SENSORY BREAK.
- “PLAY HOW YOU FEEL”
- MATCH EMOTIONS WITH MUSIC (FAST = EXCITED, SLOW = CALM).

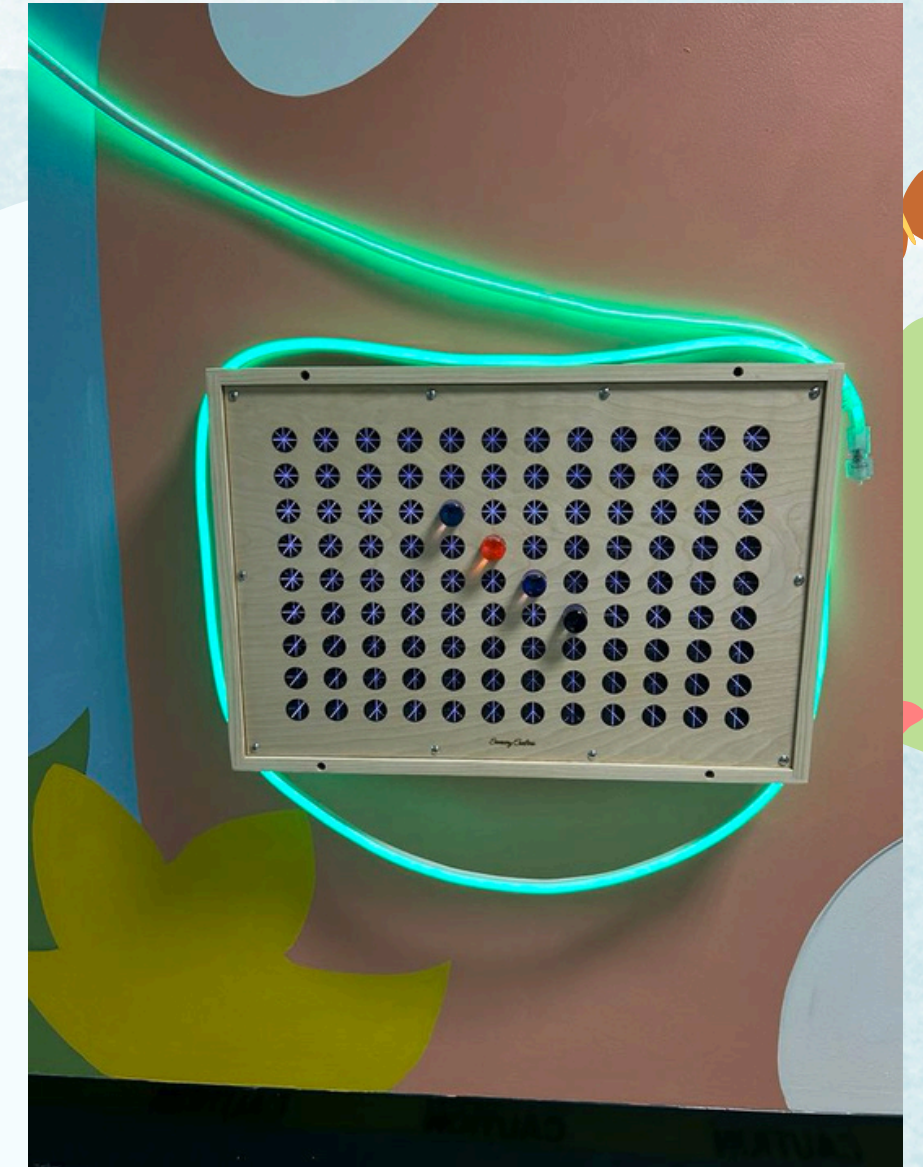




# **LITE BRITE**

## **VISUAL AND FINE MOTOR**

- CREATE A SIMPLE DESIGN.**
- GREAT FOR CALMING AND VISUAL MOTOR.**
- BREATHE DEEPLY OR  
COUNT LIGHTS WHILE WORKING.**





# LITE BRITE

- ONLY 1 STUDENT AT LITE BRITE AT A TIME.**
- USE ONLY 1 PEG AT TIME.**
- HANDLE THE PEGS GENTLY.**
- THINK ABOUT THE COLOR OF YOUR FEELINGS.**
- CREATE A DESIGN WITH THE PEGS.**
- STAND BACK AND REFLECT ON THE IMAGE YOU CREATED.**
- CAREFULLY PLACE THE PEGS BACK IN THE BINS BY COLOR.**





# LIQUID TILES

- PUSH FIRMLY ON EACH SQUARE AND WATCH THE COLORS CHANGE.**
- ARE PULLING, TUGGING, AND HITTING THE SAME AS PUSHING FIRMLY?**
- THINK ABOUT WHAT ZONE COLOR YOU ARE IN.**
- HOW QUICKLY DO YOUR FEELINGS CHANGE?**





# FIDGET BOARD

# TACTILE

**-PICK 1-2 FIDGETS AT A TIME TO EXPLORE.**

**(SPINNERS, BUTTONS, SWITCHES, ETC.)**

**-USE YOUR HANDS, NOT YOUR WHOLE BODY.**

**(STAND CALMLY WHILE YOU FIDGET)**

## -TAKE DEEP BREATHS

# WHILE YOU FIDGET.

**(TRY: INHALE... 1, 2. EXHALE... 1, 2.)**



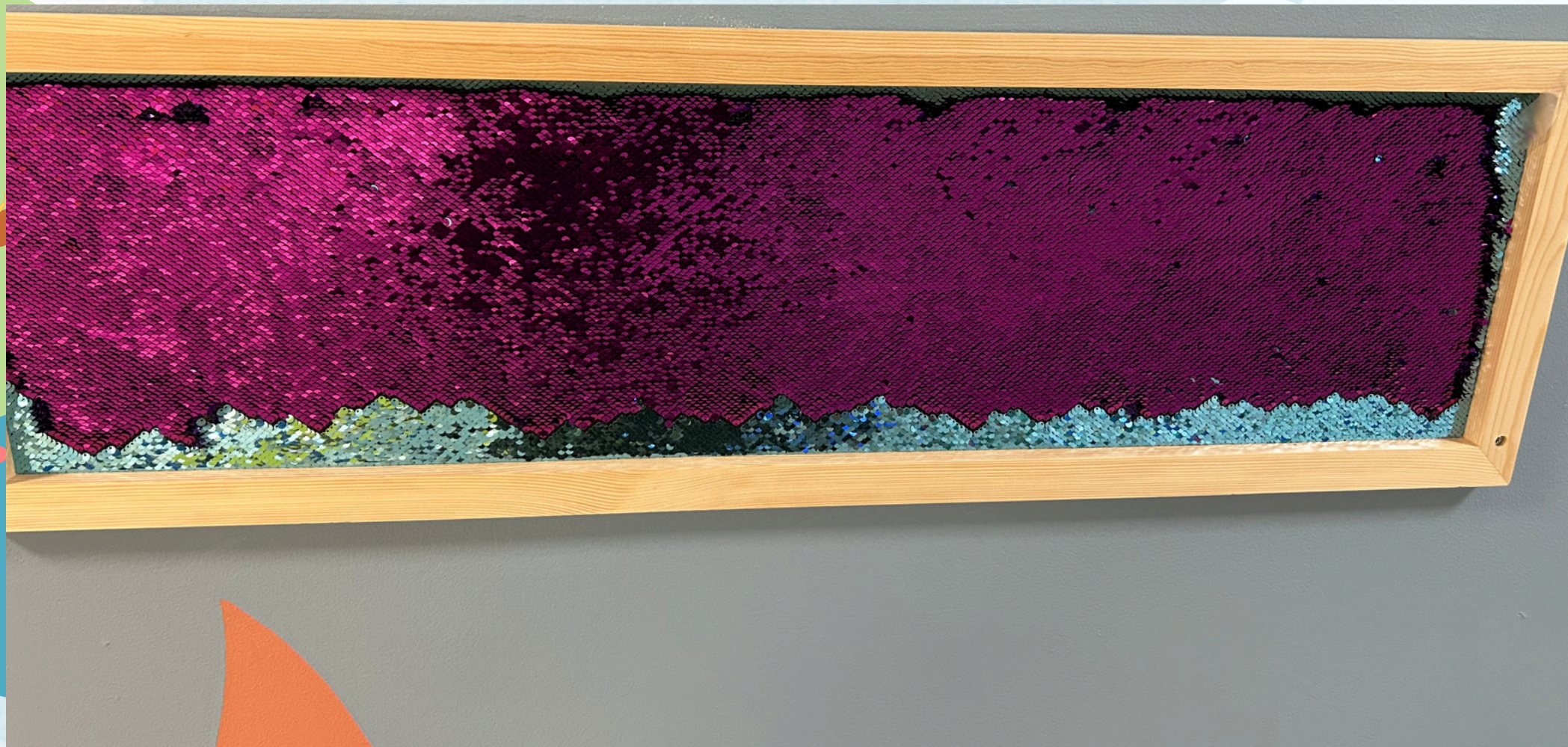


# SEQUIN AND TEXTURE BOARDS

## TACTILE AND VISUAL

**-USE THE PADS (FINGERPRINT PART) OF YOUR FINGERS TO  
WRITE AN INSPIRATIONAL MESSAGE OR CREATE A DESIGN**

**-DO NOT USE YOUR FINGERNAIL**





# EAGLE FLOOR PATH

- START AT THE BEGINNING.
- LOOK FOR THE “JUMP” SIGN OR FOOTPRINTS.
- FOLLOW THE PATH IN ORDER.
- STEP, JUMP, CRAWL, OR BALANCE AS SHOWN ON THE DECALS.
- TAKE YOUR TIME, NO RUNNING
- \*NO ITEMS IN YOUR MOUTH





# EAGLE FLOOR PATH

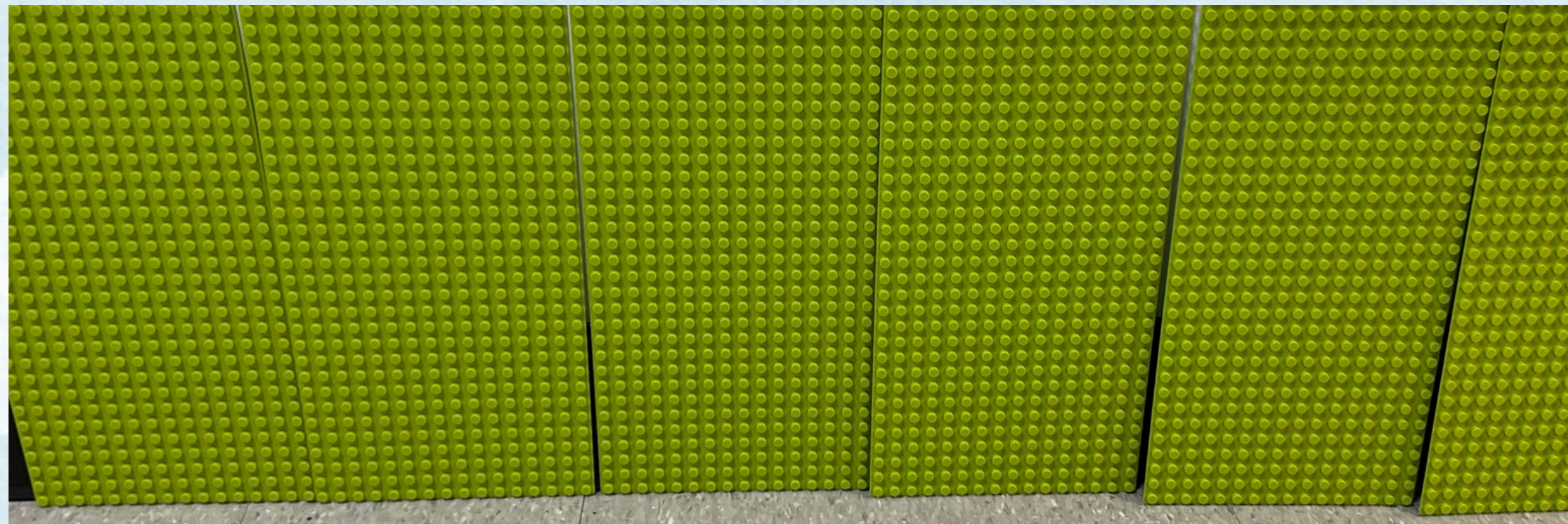
- GO SLOW AND FOCUS ON YOUR MOVEMENTS.**
- USE YOUR BODY AND BRAIN.**
- TRY ANIMAL WALKS, COUNTING, COLORS, OR SPELLING AS YOU GO.**
- STAY IN YOUR OWN SPACE.**
- KEEP A SAFE DISTANCE FROM OTHERS USING THE HALLWAY.**
- FINISH STRONG.**
- END WITH DEEP BREATHS, A STRETCH, OR A CALMING POSE.**



# LEGO WALL

## FINE MOTOR AND MULTISENSORY

- PLACE OR REMOVE A FEW LEGO BRICKS DURING YOUR BREAK**
- SELECT A BRICK THAT MATCHES HOW THEY'RE FEELING AND PLACE IT ON THE WALL TO REFLECT YOUR MOOD.**





# **OAK BROOK EAGLE PATHWAY PLEDGE**

**THE EAGLE PATHWAY IS FOR ALL TO ENJOY  
AND USE. AS LONG AS  
WE FOLLOW OUR OAK BROOK PLEDGE!**

**AT ALL TIMES WE WILL SHOW RESPECT,  
TAKE RESPONSIBILITY, ACT WITH INTEGRITY,  
USE SELF-CONTROL, BE KIND  
AND....  
ALWAYS STAY CURIOUS.**





**OUR EAGLE PATHWAY WOULD NOT BE  
POSSIBLE WITHOUT THE FOLLOWING PEOPLE**

**OAK BROOK PTO**

**DR. DECKELMAN**

**DR. SHIRLEY AND MRS. TERBROCK**

**MR. BROOKMAN**

**MRS. DIGGS**

**MRS. DUGGIN**

**MRS. GILHAUS**

**DR. MASTROIANNI**

**DR. MCNEALY**

**ZENSER FAMILY**

**PARKWAY ELECTRICIANS AND CARPENTERS**

